

# breakfast.

<b>Toast</b>		<b>Yoghurt and Muesli</b>	<b>12.0</b>
White, Cinnamon Toast	7.0	With fresh fruit and honey	
Seeded, Sourdough, Fruit Toast	7.5		
<b>Banana Bread</b>	<b>5.5</b>	<b>French Toast</b>	<b>16.5</b>
Fresh or Toasted, buttered		French toast, bacon, maple syrup, strawberries	
<b>Croissant</b>	<b>9.5</b>	<b>Breakfast Wrap</b>	<b>17.0</b>
Ham, cheese, tomato		Bacon, fried eggs, baby spinach, cheese, caramelized onions, tomato relish	
<b>Bacon &amp; Egg Roll or Wrap</b>	<b>11.5</b>	<b>Avocado and Feta on Sourdough</b>	<b>17.5</b>
fried egg, bacon, with choice of tomato sauce, BBQ Sauce or mayo		With poached eggs, balsamic glaze	
<b>Brekkie Okonomiyaki</b>	<b>16.5</b>	<b>Eggs Benedict</b>	<b>19.0</b>
Japanese cabbage pancake, topped with bacon, fried egg, mayo, okonomi sauce, powdered nori		Poached eggs, ham, hollandaise, on sourdough	
<b>Eggs on Toast</b>	<b>10.5</b>	With smoked salmon instead	add 2.5
2 Eggs fried, poached or scrambled, with sourdough		<b>Omelette (choose up to 3 fillings)</b>	<b>19.5</b>
		Smoked ham, bacon, tomato, Spanish onion, mushroom, cheese, spinach, served with sourdough	

## Extras

extra egg	2.0	hash brown	3.5
roasted tomato	4.5	mushrooms	4.5
baby spinach	4.5	avocado	4.5
bacon	5.0	smoked salmon	6.0

## toasties.

	<i>With Seeded Bread</i>	add	0.5
	<i>With Chips or Salad</i>	add	4.0
<b>Traditional</b>	Ham, cheese, tomato	<b>9.5</b>	
<b>Hot Chick</b>	Chicken, avocado, cheese, paprika mayo	<b>12.0</b>	
<b>Mexicana</b>	Chorizo, roasted capsicum, jalapenos, cheese	<b>12.0</b>	
<b>Mediterranean (V)</b>	Sweet potato, feta, pesto, cheese	<b>11.5</b>	
<b>Piri Chicken</b>	Chicken, roasted capsicum, onion, cheese, piri piri mayo	<b>11.5</b>	
<b>Mush &amp; Egg (V)</b>	Mushrooms, hard boiled egg, cheese, Cajun mayo	<b>11.0</b>	
<b>Sicilian</b>	Prosciutto, pesto, tomato, cheese	<b>12.0</b>	
<b>Tuned In</b>	Tuna, Spanish onion, cheese, mayo	<b>11.0</b>	
<b>Hawaiian</b>	Ham, cheese, pineapple, onion	<b>10.5</b>	
<b>Hummuside (V)</b>	Hummus, avocado, roasted peppers, cheese, feta	<b>12.5</b>	

**Please discuss gluten free options with our staff**

*We take food allergies seriously and take utmost care to avoid cross contamination.*

*However, these meals have been and will be prepared in the vicinity and presence of items containing gluten. Therefore, these meals are only suitable for non-medical gluten-free diets and not for those with allergies, sensitivities or Celiac disease.*